Friday Dinner Menu

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Starters

Prawn Cocktail (253 Kcal) Breaded Cheese Sticks with Cranberry Sauce V (240 Kcal) Tomato and Basil Soup V (63 Kcal)

Main Courses

Roasted Chicken with a Red Wine and Shallot Gravy Served with New Potatoes, Broccoli Florets and Carrots (734 Kcal) Fish Pie served with New Potatoes, Broccoli Florets and Carrots (479 Kcal) Vegetable Curry served with rice (356 Kcal) (Pre-Order on arrival) Jacket Potato served with a Side Salad and your choice of Beans (294 Kcal), Cheese (559 Kcal) or Tuna (431 Kcal) (Pre-Order on arrival) Freshly Prepared Seasonal Salad Served with New Potatoes, Salad Dressing and a choice of Roast Ham (332 Kcal), Roast Chicken (276 Kcal), Cheese (540 Kcal) or Tuna (310 Kcal)

Puddings

Bakewell Tart with Custard, Cream or Ice Cream (V) (326 Kcal) Chef's Seasonal Cheesecake with Cream or Ice Cream (V) (348 Kcal) Cheese and Biscuits (V) (384 Kcal) Ice Cream Selection (V) (334 Kcal) Fruit Salad (Real) Chef's Vegan Option (Pre-Order in the Morning)



Tea and Coffee

Do you suffer from any particular food allergies? Don't forget to advise one of our team. Many of our dishes can be made gluten free, although these need to be pre-ordered. Key: 📎 vegetarian option, 🥏 vegan option. All calorific values are per serving and include all ingredients and vegetables. The recommended daily calorie intake is 2000 a day for women and 2500 a day for men.



Breakfast Menu

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Beverages and Toast

Selection of Chilled Fruit Juices 🥏 (56 Kcal) Tea and Coffee, including a selection of Fruit and Herbal Teas White (174 Kcal) or Wholemeal Toast V (138 Kcal)

Starters

Grapefruit Segments (36 Kcal), Yoghurt (45 Kcal), Prunes (80 Kcal), Wheat Biscuits (147 Kcal), Muesli (114 Kcal), Cornflakes (122 Kcal), Fruit and Fibre (114 Kcal) or Scottish Porridge Oats V (47 Kcal)

Main Courses

Traditional British Breakfast (826 Kcal) with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), grilled bacon (72 Kcal), pork sausage (241 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Vegetarian Breakfast 💔 (615 Kcal)

with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), vegetarian sausage (102 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Vegan Breakfast 🥏 (513 Kcal)

with vegan sausage (120 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Lightly Poached Smoked Fish (166 Kcal)

Cold Ham and 2 Fried Eggs (347 Kcal)

Cold Ham and Cheese Selection (285 Kcal)

Fruit Salad 🥏 (86 Kcal)

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Saturday Dinner Menu

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Starters

Seasonal Melon with Berries (69 Kcal) Chef's Pate with Onion Chutney (186 Kcal) Cauliflower and Broccoli Soup (125 Kcal)

Main Courses

Oven Roasted Turkey with Bacon Wrapped Chipolata, Stuffing, Chef's Gravy and Cranberry Sauce (451 Kcal) Fillet of Cod in a White Wine and Dill Sauce (529 Kcal) Traditional Nut Roast 💟 (678 Kcal) (Pre-Order in the Morning) Butternut Squash, Lentil and Almond Wellington 🥏 (571 Kcal) (Pre-Order in the Morning) All served with Roasted Potatoes, Carrots, Brussels Sprouts and Parsnips

Puddings

Traditional Christmas Pudding with a Yuletide Sauce V (439 Kcal) Festive Trifle (306 Kcal) Cheese and Biscuits V (384 Kcal) Ice Cream Selection V (334 Kcal) Fruit Salad V (86 Kcal) Chef's Vegan Option V (Pre-Order in the Morning)

Tea and Coffee



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Breakfast Menu

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Beverages and Toast

Selection of Chilled Fruit Juices 🥏 (56 Kcal) Tea and Coffee, including a selection of Fruit and Herbal Teas White (174 Kcal) or Wholemeal Toast V (138 Kcal)

Starters

Grapefruit Segments (36 Kcal), Yoghurt (45 Kcal), Prunes (80 Kcal), Wheat Biscuits (147 Kcal), Muesli (114 Kcal), Cornflakes (122 Kcal), Fruit and Fibre (114 Kcal) or Scottish Porridge Oats V (47 Kcal)

Main Courses

Traditional British Breakfast (826 Kcal) with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), grilled bacon (72 Kcal), pork sausage (241 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Vegetarian Breakfast 💔 (615 Kcal)

with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), vegetarian sausage (102 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Vegan Breakfast 🥏 (513 Kcal)

with vegan sausage (120 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Lightly Poached Smoked Fish (166 Kcal)

Cold Ham and 2 Fried Eggs (347 Kcal)

Cold Ham and Cheese Selection (285 Kcal)

Fruit Salad 🥏 (86 Kcal)

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Sunday Lunch Menu

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Starters

Kiwi and Grape Cocktail 🧔 (52 Kcal) Minestrone Soup 🚺 (68 Kcal)

Main Courses

Hand Battered Fish and Chips (865 Kcal) Chefs Pie Of The Day (998 Kcal) Crispy Buffalo Fried Cauliflower <a>(780 Kcal) (Pre-Order in the Morning) All served with chips and mushy peas

Puddings

Rice Pudding with a Cinnamon sugar coating V (241 Kcal) Ice Cream Selection V (334 Kcal) Fruit Salad Ø (86 Kcal)

Tea and Coffee



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Sunday Dinner Menu

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Starters

Breaded Mushrooms with a Garlic Mayonnaise Dip V (307 Kcal) Cranberry Chicken Salad (191 Kcal) Winter Vegetable Soup V (49 Kcal)

Main Courses

Puddings

Bread and Butter Pudding with Custard, Cream or Ice Cream ♥ (484 Kcal) Eton Mess ♥ (284 Kcal) Cheese and Biscuits ♥ (384 Kcal) Ice Cream Selection ♥ (334 Kcal) Fruit Salad @ (86 Kcal) Chef's Vegan Option @ (Pre-Order in the Morning)



Tea and Coffee

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vegan option. All calorific values are per serving and include all ingredients and vegetables. The recommended daily calorie intake is 2000 a day for women and 2500 a day for men.



Breakfast Menu

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Beverages and Toast

Selection of Chilled Fruit Juices 🥏 (56 Kcal) Tea and Coffee, including a selection of Fruit and Herbal Teas White (174 Kcal) or Wholemeal Toast V (138 Kcal)

Starters

Grapefruit Segments (36 Kcal), Yoghurt (45 Kcal), Prunes (80 Kcal), Wheat Biscuits (147 Kcal), Muesli (114 Kcal), Cornflakes (122 Kcal), Fruit and Fibre (114 Kcal) or Scottish Porridge Oats V (47 Kcal)

Main Courses

Traditional British Breakfast (826 Kcal) with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), grilled bacon (72 Kcal), pork sausage (241 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

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with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), vegetarian sausage (102 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Vegan Breakfast 🥏 (513 Kcal)

with vegan sausage (120 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Lightly Poached Smoked Fish (166 Kcal)

Cold Ham and 2 Fried Eggs (347 Kcal)

Cold Ham and Cheese Selection (285 Kcal)

Fruit Salad 🥏 (86 Kcal)

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