## **Arrival Day Dinner Menu**

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#### **Starters**

Prawn Cocktail (253 Kcal) Breaded Cheese Sticks with Cranberry Sauce V (240 Kcal) Tomato and Basil Soup V (63 Kcal)

#### **Main Courses**

Roasted Chicken with a Red Wine and Shallot Gravy Served with New Potatoes, Broccoli Florets and Carrots (734 Kcal) Fish Pie served with New Potatoes, Broccoli Florets and Carrots (479 Kcal) Vegetable Curry served with rice (356 Kcal) (Pre-Order on arrival) Jacket Potato served with a Side Salad and your choice of Beans (294 Kcal), Cheese (559 Kcal) or Tuna (431 Kcal) (Pre-Order on arrival) Freshly Prepared Seasonal Salad Served with New Potatoes, Salad Dressing and a choice of Roast Ham (332 Kcal), Roast Chicken (276 Kcal), Cheese (540 Kcal) or Tuna (310 Kcal)

#### **Puddings**

Bakewell Tart with Custard, Cream or Ice Cream (V) (326 Kcal) Chef's Seasonal Cheesecake with Cream or Ice Cream (V) (348 Kcal) Cheese and Biscuits (V) (384 Kcal) Ice Cream Selection (V) (334 Kcal) Fruit Salad (Ø) (86 Kcal) Chef's Vegan Option (Ø) (Pre-Order in the Morning)

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### **Tea and Coffee**



### **Breakfast Menu**

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#### **Beverages and Toast**

Selection of Chilled Fruit Juices 🥏 (56 Kcal) Tea and Coffee, including a selection of Fruit and Herbal Teas White (174 Kcal) or Wholemeal Toast V (138 Kcal)

#### **Starters**

Grapefruit Segments (36 Kcal), Yoghurt (45 Kcal), Prunes (80 Kcal), Wheat Biscuits (147 Kcal), Muesli (114 Kcal), Cornflakes (122 Kcal), Fruit and Fibre (114 Kcal) or Scottish Porridge Oats V (47 Kcal)

#### **Main courses**

Traditional British Breakfast (826 Kcal) with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), grilled bacon (72 Kcal), pork sausage (241 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

#### Vegetarian Breakfast 💔 (615 Kcal)

with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), vegetarian sausage (102 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

#### Vegan Breakfast 🥏 (513 Kcal)

with vegan sausage (120 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Lightly Poached Smoked Fish (166 Kcal)

Cold Ham and 2 Fried Eggs (347 Kcal)

Cold Ham and Cheese Selection (285 Kcal)

Fruit Salad 🥏 (86 Kcal)



### Lunch Menu

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#### **Starters**

Kiwi and Grape Cocktail 🕝 (52 Kcal) Minestrone Soup 🚺 (68 Kcal)

#### **Main Courses**

Hand Battered Fish and Chips (865 Kcal) Chefs Pie Of The Day (998 Kcal) Crispy Buffalo Fried Cauliflower © (780 Kcal) (Pre-Order in the Morning) All served with chips and mushy peas

#### **Puddings**

Rice Pudding with a Cinnamon sugar coating V (241 Kcal) Ice Cream Selection V (334 Kcal) Fruit Salad Ø (86 Kcal)

#### **Tea and Coffee**





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## **Thursday Dinner Menu**

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#### **Starters**

Breaded Mushrooms with a Garlic Mayonnaise Dip V (307 Kcal) Cranberry Chicken Salad (191 Kcal) Winter Vegetable Soup V (49 Kcal)

#### **Main Courses**

Roast Beef and Yorkshire Pudding with Gravy Served with Roasted Potatoes, Seasonal Cabbage and Carrots (711 Kcal) Fillet of Hake in a Parsley and Chive Sauce Served with Roasted Potatoes, Seasonal Cabbage and Carrots (529 Kcal) Roasted Vegetable Pasta (2) (573 Kcal) (Pre-Order in the Morning) Jacket Potato served with a Side Salad and your choice of Beans (2) (294 Kcal), Cheese (1) (559 Kcal) or Tuna (431 Kcal) (Pre-Order in the Morning) Freshly Prepared Seasonal Salad Served with New Potatoes, Salad Dressing and a choice of Roast Ham (332 Kcal), Roast Chicken (276 Kcal), Cheese (540 Kcal) or Tuna (310 Kcal)

#### **Puddings**

Bread and Butter Pudding with Custard, Cream or Ice Cream (V) (484 Kcal) Eton Mess (V) (284 Kcal) Cheese and Biscuits (V) (384 Kcal) Ice Cream Selection (V) (334 Kcal) Fruit Salad (2) (86 Kcal) Chef's Vegan Option (Pre-Order in the Morning)



### **Tea and Coffee**



### **Breakfast Menu**

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#### **Beverages and toast**

Selection of Chilled Fruit Juices 🥏 (56 Kcal) Tea and Coffee, including a selection of Fruit and Herbal Teas White (174 Kcal) or Wholemeal Toast 🔍 (138 Kcal)

#### **Starters**

Grapefruit Segments (36 Kcal), Yoghurt (45 Kcal), Prunes (80 Kcal), Wheat Biscuits (147 Kcal), Muesli (114 Kcal), Cornflakes (122 Kcal), Fruit and Fibre (114 Kcal) or Scottish Porridge Oats V (47 Kcal)

#### **Main Courses**

Traditional British Breakfast (826 Kcal) with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), grilled bacon (72 Kcal), pork sausage (241 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

#### Vegetarian Breakfast 💔 (615 Kcal)

with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), vegetarian sausage (102 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

#### Vegan Breakfast 🥏 (513 Kcal)

with vegan sausage (120 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Lightly Poached Smoked Fish (166 Kcal)

Cold Ham and 2 Fried Eggs (347 Kcal)

Cold Ham and Cheese Selection (285 Kcal)

Fruit Salad 🥏 (86 Kcal)



### **Friday Dinner Menu**

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#### **Starters**

Chef's Fishcake with Chilli Mayonnaise (241 Kcal) Apple and Strawberry Cocktail (© (66 Kcal) Leek and Potato Soup (V (72 Kcal)

#### **Main Courses**

Traditional Roast Pork with a Celebration Stuffing and a Cider Apple Sauce (698 Kcal) Fillet of Basa in a Tomato and Thyme Sauce (599 Kcal) Vegan Sausage Casserole <a>(518 Kcal)</a> (Pre-Order in the Morning) All served with Mashed Potatoes and Roasted Root Vegetables Freshly Prepared Seasonal Salad Served with New Potatoes, Salad Dressing and a choice of Roast Ham (332 Kcal), Roast Chicken (276 Kcal), Cheese (540 Kcal) or Tuna (310 Kcal)

#### **Puddings**

Apple Crumble with Custard, Cream or Ice Cream (V) (332 Kcal) Festive Trifle (306 Kcal) Cheese and Biscuits (V) (384 Kcal) Ice Cream Selection (V) (334 Kcal) Fruit Salad (Ø) (86 Kcal) Chef's Vegan Option (Ø) (Pre-Order in the Morning)

### **Tea and Coffee**





### **Breakfast Menu**

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#### **Beverages and Toast**

Selection of Chilled Fruit Juices 🥏 (56 Kcal) Tea and Coffee, including a selection of Fruit and Herbal Teas White (174 Kcal) or Wholemeal Toast V (138 Kcal)

#### **Starters**

Grapefruit Segments (36 Kcal), Yoghurt (45 Kcal), Prunes (80 Kcal), Wheat Biscuits (147 Kcal), Muesli (114 Kcal), Cornflakes (122 Kcal), Fruit and Fibre (114 Kcal) or Scottish Porridge Oats V (47 Kcal)

#### **Main courses**

Traditional British Breakfast (826 Kcal) with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), grilled bacon (72 Kcal), pork sausage (241 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

#### Vegetarian Breakfast 💔 (615 Kcal)

with fried (120 Kcal), scrambled (152 Kcal) or poached eggs (74 Kcal), vegetarian sausage (102 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

#### Vegan Breakfast 🥏 (513 Kcal)

with vegan sausage (120 Kcal), hash brown (224 Kcal), tomato (17 Kcal), fried bread (60 Kcal) and baked beans (92 Kcal)

Lightly Poached Smoked Fish (166 Kcal)

Cold Ham and 2 Fried Eggs (347 Kcal)

Cold Ham and Cheese Selection (285 Kcal)

Fruit Salad 🥏 (86 Kcal)

